

The Four Temperaments

Choleric	Sanguine	Phlegmatic	Melancholic
the 'I'	astral	etheric	physical
fire	air	water	earth
adulthood	childhood	old age	teen years
positive: leadership	positive: social interest	positive: depth	positive: the wounded healer
negative: bullying	negative: distractibility, shallowness	negative: laziness, stubbornness	negative: despondency, suspicion
the Future	the Present	the Present	the Past

NB: This schema was written up on the blackboard during Donna's talk on the temperaments during the 2010 Christopherus conference in Chicago.