

substances, poisons, outdated or outmoded safety equipment and other things. Perhaps you could make a checklist and your child can be the person who carries the clipboard and checks off boxes.

- Go on a field trip to visit your local fire station. If you call them and explain that you are well-behaved homeschoolers, you might be lucky and get an in-depth tour. Be aware that the firefighters will probably feel obliged to discuss fire safety in some depth and might go beyond where you are comfortable, especially if you are bringing younger siblings along. You might want to discuss this with the station officer in advance. Do remember that a visit to a fire station counts as social studies too.

## **Christopherus Health and Safety Curriculum**

Here is how we feel this subject could progress without compromising what is appropriate for children at different stages of development:

### First Grade

- Knowing name, address and telephone number
- Basic hygiene – brushing teeth, caring for hair, using the toilet, when to wash hands
- Traffic awareness

### Second Grade

- Safety around animals (avoiding being kicked, bitten, scratched) and what to do if something happens
- Bicycle safety (and skating, skateboarding etc.)
- Traffic awareness
- Stranger danger as appropriate

### Third Grade

- Health and safety in the kitchen, around the house and in the yard and garage
- Using tools safely
- Weather safety

### Fourth Grade

- Learning to be safe around knives, guns, slingshots, etc.